

Harga Purata Item Terpilih di Malaysia, Julai 2020
Average Price for Selected Items in Malaysia, July 2020

No.	Item Terpilih	Unit	Malaysia	Johor	Kedah	Kelantan	Melaka	Negeri Sembilan	Unit	Selected Items
Sayur-sayuran										Vegetables
1	Bayam	Kg	4.50	4.71	4.10	4.87	4.59	3.97	Kg	Spinach
2	Bendi	Kg	7.10	7.76	7.79	6.50	6.69	6.87	Kg	Ladies Fingers
3	Petola	Kg	5.54	5.52	4.74	5.38	5.64	6.26	Kg	Angel Gourd
4	Bawang Besar, India	Kg	4.24	4.45	3.79	3.59	3.46	3.68	Kg	Onions Big, India
5	Cili (Burung/padi) Import	200 gm	2.67	2.77	2.08	2.65	2.76	3.47	200 gm	Chilli (Burung/padi) Import
6	Cili Merah (Kulai)	Kg	16.95	14.62	18.16	16.34	19.54	17.56	Kg	Red Chilli (Kulai)
7	Cili Merah (Minyak)	Kg	15.97	13.76	16.80	17.18	15.56	17.14	Kg	Red Chilli (Minyak)
8	Kacang Panjang	Kg	6.09	6.98	5.84	5.78	6.50	6.84	Kg	Long Beans
9	Kacang Buncis	Kg	8.56	9.93	8.67	8.75	9.29	8.76	Kg	French Beans
10	Kobis Bulat	Kg	4.27	4.70	3.86	4.49	4.85	4.48	Kg	Round Cabbage
11	Kobis Bunga	Kg	8.74	8.53	7.78	9.21	8.79	8.98	Kg	Cauliflower
12	Lobak Merah	Kg	4.38	4.23	3.99	4.39	4.07	3.93	Kg	Carrot
13	Sawi, Bunga (Choy Sum)	Kg	6.79	7.88	7.63	4.00	7.31	7.05	Kg	Choy Sum, Bunga
14	Tomato	Kg	7.24	6.46	6.61	7.24	8.19	7.35	Kg	Tomatoes
15	Terung	Kg	6.88	7.55	7.00	5.75	8.16	7.76	Kg	Brinjals
16	Timun	Kg	3.73	4.46	3.55	4.40	4.13	3.84	Kg	Cucumber
Buah-Buahan										Fruits
17	Epal Fuji	Biji	1.80	1.72	1.48	2.25	1.94	1.82	Each	Apple Fuji
18	Epal (Green Skin)	Biji	1.17	1.26	1.13	1.21	1.05	1.04	Each	Apple (Green Skin)
19	Epal (Red Skin, Gala)	Biji	1.23	1.42	1.39	0.99	1.26	1.08	Each	Apple (Red Skin, Gala)
20	Betik	Kg	3.66	3.43	3.65	4.34	4.23	3.84	Kg	Papaya
21	Nenas	Kg	3.82	2.81	3.57	3.83	3.63	3.24	Kg	Pineapple
22	Pisang Emas	Kg	4.42	4.58	5.80	5.16	4.78	4.82	Kg	Pisang Emas (Banana)
23	Pisang Rastali	Kg	4.36	4.45	5.50	6.14	5.35	4.97	Kg	Pisang Rastali (Banana)
24	Pisang Berangan	Kg	5.01	4.66	5.84	6.04	4.85	4.95	Kg	Pisang Berangan (Banana)
25	Tembikai, Tanpa Biji	Kg	3.33	3.15	3.13	2.74	3.63	3.47	Kg	Watermelon, Seedless
Kelapa dan Telur										Coconut & Eggs
26	Kelapa Parut	Kg	7.46	7.57	8.18	6.99	7.97	7.48	Kg	Coconut Grated
27	Santan	Kg	10.61	9.04	11.52	10.70	11.15	9.65	Kg	Fresh Coconut Milk
28	Telur Gred A	10 biji	3.94	3.74	3.84	3.66	3.75	3.90	10 each	Hen's Egg Grade A
29	Telur Gred B	10 biji	3.56	3.56	3.30	3.20	3.45	3.57	10 each	Hen's Egg Grade B
30	Telur Gred C	10 biji	3.28	2.99	3.05	2.87	3.05	3.15	10 each	Hen's Egg Grade C
Ikan, Ayam dan Daging										Fish, Chicken & Meat
31	Ikan Bawal Hitam	Kg	27.41	27.01	27.65	21.48	29.81	28.72	Kg	Black Pomfret (Fish)
32	Ikan Cencaru	Kg	10.25	10.39	10.27	9.41	10.68	10.82	Kg	Hardtail Scad (Fish)
33	Ikan Kembong	Kg	14.32	15.91	10.37	15.68	15.97	16.27	Kg	Indian Mackerel (Fish)
34	Ikan Kerisi	Kg	14.49	14.67	11.72	14.80	16.88	17.39	Kg	Threadfin Bream (Fish)
35	Ikan Merah	Kg	34.03	33.39	35.17	35.43	36.31	35.55	Kg	Red Snapper (Fish)
36	Ikan Tenggiri, Batang	Kg	33.49	31.61	34.00	33.68	33.78	32.95	Kg	Spanish Mackerel, Batang (Fish)
37	Ikan Tongkol, Hitam	Kg	11.85	11.59	13.35	9.89	12.00	12.98	Kg	Longtail Tuna, Black (Fish)
38	Ikan Selayang	Kg	9.61	10.52	9.65	7.98	10.67	9.84	Kg	Selayang (Fish)
39	Ikan Siakap	Kg	18.09	17.26	17.12	17.78	18.78	16.96	Kg	Siakap (Fish)
40	Ayam	Kg	8.72	8.04	8.09	7.98	8.08	8.38	Kg	Chicken
41	Daging Lembu	Kg	32.22	32.68	34.06	30.10	32.50	34.80	Kg	Beef
Udang, Sotong dan Ketam										Prawn, Cuttlefish and Crab
42	Udang (8-12 sm)	Kg	31.42	32.75	27.26	30.63	32.45	32.49	Kg	Prawns (8 – 12 cm)
43	Sotong (10-12 sm)	Kg	27.05	27.87	27.39	25.44	31.56	30.02	Kg	Cuttlefish Fresh (10 – 12 cm)
44	Ketam	Kg	30.48	31.38	31.19	32.54	35.02	34.41	Kg	Crabs
Makanan dan Minuman										Food & Beverages
45	Nasi Lemak	Bungkus	2.84	2.96	2.46	2.75	2.58	2.44	Each	Nasi Lemak
46	Nasi Kosong	1 Pinggan	1.50	1.54	1.21	1.39	1.48	1.47	1 Plate	Plain Rice
47	Nasi Goreng	1 Pinggan	5.15	4.58	4.77	5.03	4.80	4.81	1 Plate	Fried Rice
48	Kuey Teow Goreng	1 Pinggan	5.14	4.71	4.47	5.00	4.73	4.98	1 Plate	Fried Kuey Teow
49	Mee Hoon Goreng	1 Pinggan	5.10	4.66	4.49	5.00	4.73	4.76	1 Plate	Fried Mee Hoon
50	Nasi Biryani	1 Pinggan	8.52	8.37	8.46	7.88	7.38	8.21	1 Plate	Biryani Rice
51	Roti Canai	Keping	1.13	1.01	1.03	1.00	1.07	1.08	Each	Roti Canai
52	Air Minuman	500 ml	0.70	0.79	0.68	0.73	0.81	0.60	500 ml	Drinking Water
53	Satay Ayam	Cucuk	0.77	0.75	0.72	0.89	0.83	0.98	Each	Chicken Satay
54	Nasi Ayam	Pinggan	5.48	5.84	5.23	5.15	4.70	5.54	Plate	Chicken Rice
55	Teh Tarik	Cawan	1.60	1.44	1.29	1.41	1.36	1.42	Cup	Teh Tarik
56	Kopi-O	Cawan	1.33	1.24	1.04	1.14	1.16	1.23	Cup	Kopi-O
57	Teh-O	Cawan	1.27	1.15	1.03	0.94	1.13	1.21	Cup	Teh-O
58	Milo	Cawan	2.01	1.85	1.85	1.68	1.89	1.91	Cup	Milo

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No.	Item Terpilih	Unit	Malaysia	Johor	Kedah	Kelantan	Melaka	Negeri Sembilan	Unit	Selected Items
Perkakas Isi Rumah & Barangan Elektrik										Household Appliances & Electrical Goods
59	Periuk Nasi Elektrik, 1.8LT	Sebiji	118.70	114.32	113.65	114.70	115.53	116.82	Each	Electric Rice Cooker, 1.8LT
60	Peti Sejuk 2-Pintu, kapasiti 280-300L	Sebuah	1,392.93	1,258.64	1,416.86	1,454.80	1,455.73	1,510.80	Each	Refrigerator, 2 Doors, with capacity 280-300L
61	Televisyen Warna, LED 40"	Sebuah	1,381.92	1,448.82	1,448.50	1,199.00	1,421.50	1,199.50	Each	TV Colour, 40" LED
Perkakas Lain, Barang-Barang dan Produk Untuk Penjagaan Diri										Other Appliances, Articles & Products for Personal Care
62	Lampin Bayi, Saiz M	1 Pek	33.57	31.59	31.29	30.86	30.47	32.85	1 Pack	Baby Diapers, Size M
63	Shampoo, 320 ML	1 Botol	11.61	11.70	11.20	11.71	11.71	11.72	1 Bottle	Shampoo, 320 ML
Susu Segar, Susu Pekat, Susu Tepung & Keluaran Susu Lain										Fresh Milk, Condensed Milk, Milk Powder & Other Dairy Products
64	Susu Segar UHT	1 L	6.89	6.87	6.89	7.19	7.09	7.09	1 L	Fresh Milk UHT
65	Susu, Krimer Pekat Manis	500 gm	2.81	2.87	2.75	2.73	2.77	2.82	500 gm	Sweetened Creamer Milk
66	Susu Tepung Bayi, PK	650 gm	25.43	25.43	25.65	25.32	25.56	25.51	650 gm	Powdered Milk (Infant), PK
67	Keju (12) PK	250 g	11.38	11.20	11.30	11.34	11.08	10.78	250 g	Cheese (12), PK
Barang Pengeluaran Perubatan										Pharmaceutical Products
68	Ubat batuk	60 ml Bot	6.68	6.55	6.63	7.07	6.05	6.77	60 ml Bot	Cough Mixture / Syrup
69	Paracetamol	12 / strip	4.62	4.46	4.69	4.78	4.51	4.52	12 / strip	Paracetamol
Ikan & Makanan Laut yang diproses dan Minyak Masak										Processed Fish and Cooking Oil
70	Ikan dalam Sos Tomato	425 gm	7.65	7.80	7.44	7.25	7.23	7.64	425 gm	Fish in tomato sauce
71	Minyak Masak	3 Kg Bot	17.17	16.42	17.35	16.91	16.80	16.73	3 Kg Bot	Cooking Oil
72	Minyak Masak	5 Kg Bot	23.33	21.99	22.39	23.11	21.91	22.91	5 Kg Bot	Cooking Oil
73	Minyak Masak	1 Kg Bot	5.63	5.62	5.59	5.50	5.90	5.58	1 Kg Bot	Cooking Oil
Beras, Minuman Bermalt dan Minuman Isotonik										Rice, Malt Drinks and Isotonic Drinks
74	Beras SST 5%	10 Kg	26.02	25.87	25.72	25.54	25.79	25.88	10 Kg	Rice SST 5%
75	Minuman bermalt PK	200 gm	4.62	4.69	4.62	4.67	4.68	4.65	200 gm	Malt Drinks, PK
76	Minuman Isotonik	1.5 L	3.39	3.37	3.27	3.50	3.46	3.39	1.5 L	Isotonic Drinks
Mee Kering, Kicap Kacang Soya Manis, Sos, Mayonis, Minuman Beralkohol dan Ubat Nyamuk										Dried Mee, Sweet Soya Bean Sauce, Mayonnaise, Alcoholic Beverages and Mosquito Repellent
77	Mee Kering	500 gm	3.77	3.99	3.97	3.68	4.29	3.92	500 gm	Dried Mee
78	Mee Kering	Pek 5	4.30	4.33	4.33	4.38	4.56	4.32	Pack of 5	Dried Mee
79	Kicap Kacang Soya, manis	345 ml	5.65	5.68	5.57	5.60	5.69	5.64	345 ml	Sweet Soya Bean Sauce
80	Sos Tomato	475 gm Bot	3.73	3.89	3.89	3.88	3.92	3.86	475 gm Bot	Tomato Sauce
81	Sos Cili	340 gm Bot	3.29	3.29	3.31	3.39	3.26	3.34	340 gm Bot	Chilli Sauce
82	Mayonis	230 ml Bot	6.16	6.20	6.09	6.46	6.34	6.22	230 ml Bot	Mayonnaise
83	Minuman Beralkohol	320 ml Tin	6.42	6.48	5.82	8.00	6.67	6.54	320 ml TN	Alcoholic Beverages
84	Ubat Nyamuk	10 keping	1.85	1.92	1.79	1.82	1.86	1.91	10 pc	Mosquito Repellent
85	Ubat Nyamuk	30 keping	5.19	5.21	5.20	5.13	5.38	5.37	30 pc	Mosquito Repellent
86	Ubat Nyamuk	360 gm Tin	8.68	8.84	8.98	8.39	8.66	8.52	360 gm TN	Mosquito Repellent
Barangan & Penyelenggaraan Isi Rumah, Buku & Alat tulis dan Barangan Untuk Penjagaan Diri										Goods & Services For Routine Household Maintenance, Books & Stationery and Products for Personal Care
87	Plastik Sampah	Bungkusan 10 Keping	5.82	4.60	5.96	7.29	5.49	3.78	Pack of 10 pc	Garbage Plastic Bag
88	Pelembut Fabrik	2 L Bot	8.94	8.79	8.69	9.15	7.80	8.83	2L Bot	Fabric Softener
89	Pen	Sebatang	0.94	0.98	0.94	0.89	1.00	0.97	Each	Pen
90	Pensil Warna	Kotak 12 Batang	13.80	13.94	13.67	13.66	13.90	12.48	12 pc Box	Pencil, Colour
91	Kertas Fotostat	1 Rim	15.35	14.10	15.20	14.60	14.31	15.67	1 Rim	Photostat Paper
92	Buku Latihan	Sebuah	1.25	1.00	1.61	0.93	0.89	1.12	Each	Exercise Book
93	Potong Rambut (Lelaki)	Satu	12.64	13.33	10.85	8.21	11.77	11.77	Each	Men's Hair Cut
94	Berus Gigi	Satu	3.40	3.28	3.24	3.40	3.14	3.75	Each	Toothbrush
95	Ubat Gigi	Tiub 175 gm	8.51	8.30	8.41	8.71	8.61	8.32	175 gm Tube	Toothpaste
96	Tisu Tandas	10 Gulung	9.76	9.13	9.25	11.12	9.65	8.88	10 Rolls	Toilet Paper
97	Tuala Wanita	Pek 10	3.38	3.53	3.48	3.30	3.29	3.41	PK of 10	Sanitary Napkin
98	Tuala Wanita	Pek 8	4.19	4.14	4.26	4.00	4.17	4.16	PK of 8	Sanitary Napkin
99	Sabun Mandi	1 Pek 3, 85 gm	4.19	4.08	4.27	4.32	4.24	4.26	1 PK of 3, 85 gm	Toilet Soap
100	Sabun Mandi	220 ml Bot	6.10	6.13	6.14	6.30	6.12	6.10	220 ml Bot	Shower Cream

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No.	Item Terpilih	Unit	Pahang	Perak	Perlis	Pulau Pinang	Terengganu	Wilayah Persekutuan Putrajaya	Unit	Selected Items
Sayur-sayuran									Vegetables	
1	Bayam	Kg	4.09	3.82	5.29	3.90	5.58	5.60	Kg	Spinach
2	Bendi	Kg	7.00	6.99	7.54	7.75	8.38	9.63	Kg	Ladies Fingers
3	Petola	Kg	5.94	5.33	4.93	6.04	5.55	6.69	Kg	Angel Gourd
4	Bawang Besar, India	Kg	3.32	3.26	3.33	2.73	4.59	2.77	Kg	Onions Big, India
5	Cili (Burung/padi) Import	200 gm	2.94	2.36	2.58	1.87	2.81	3.22	200 gm	Chilli (Burung/padi) Import
6	Cili Merah (Kulai)	Kg	19.48	16.83	20.00	19.19	16.58	21.67	Kg	Red Chilli (Kulai)
7	Cili Merah (Minyak)	Kg	16.80	15.45	-	14.24	17.92	14.33	Kg	Red Chilli (Minyak)
8	Kacang Panjang	Kg	6.25	5.91	5.73	6.02	7.04	8.11	Kg	Long Beans
9	Kacang Buncis	Kg	8.33	8.35	9.60	8.53	10.72	10.67	Kg	French Beans
10	Kobis Bulat	Kg	4.30	4.32	3.70	4.35	4.05	3.63	Kg	Round Cabbage
11	Kobis Bunga	Kg	8.64	8.83	9.25	8.20	9.53	6.90	Kg	Cauliflower
12	Lobak Merah	Kg	3.93	3.98	4.41	3.90	4.71	5.24	Kg	Carrot
13	Sawi, Bunga (Choy Sum)	Kg	7.50	6.99	5.00	8.15	8.00	9.00	Kg	Choy Sum, Bunga
14	Tomato	Kg	7.75	6.84	8.81	7.32	8.33	8.25	Kg	Tomatoes
15	Terung	Kg	7.79	6.93	6.35	7.39	5.96	9.05	Kg	Brinjals
16	Timun	Kg	3.81	3.58	3.84	3.79	3.97	4.63	Kg	Cucumber
Buah-Buahan									Fruits	
17	Epal Fuji	Biji	2.03	1.91	1.48	2.05	2.01	1.64	Each	Apple Fuji
18	Epal (Green Skin)	Biji	1.01	1.05	0.96	1.10	1.02	0.96	Each	Apple (Green Skin)
19	Epal (Red Skin, Gala)	Biji	1.36	1.08	1.19	1.16	0.95	0.93	Each	Apple (Red Skin, Gala)
20	Betik	Kg	3.50	3.53	3.36	4.21	4.62	4.20	Kg	Papaya
21	Nenas	Kg	3.30	3.30	3.43	4.53	3.84	2.94	Kg	Pineapple
22	Pisang Emas	Kg	4.42	4.75	6.50	5.92	6.00	5.93	Kg	Pisang Emas (Banana)
23	Pisang Rastali	Kg	4.62	4.69	-	6.19	5.70	5.50	Kg	Pisang Rastali (Banana)
24	Pisang Berangan	Kg	4.83	5.00	6.25	5.94	5.97	5.55	Kg	Pisang Berangan (Banana)
25	Tembikai, Tanpa Biji	Kg	3.18	3.22	3.53	3.54	3.10	3.52	Kg	Watermelon, Seedless
Kelapa dan Telur									Coconut & Eggs	
26	Kelapa Parut	Kg	8.21	8.26	7.44	7.87	8.00	10.00	Kg	Coconut Grated
27	Santan	Kg	13.38	10.47	11.11	11.60	10.38	12.00	Kg	Fresh Coconut Milk
28	Telur Gred A	10 biji	3.97	3.85	3.99	3.77	3.83	4.10	10 each	Hen's Egg Grade A
29	Telur Gred B	10 biji	3.27	3.39	3.17	3.42	3.37	3.75	10 each	Hen's Egg Grade B
30	Telur Gred C	10 biji	3.10	3.09	3.14	3.06	2.89	3.15	10 each	Hen's Egg Grade C
Ikan, Ayam dan Daging									Fish, Chicken & Meat	
31	Ikan Bawal Hitam	Kg	29.96	27.75	25.00	29.38	28.75	31.22	Kg	Black Pomfret (Fish)
32	Ikan Cencaru	Kg	10.85	9.81	9.86	9.80	10.63	12.40	Kg	Hardtail Scad (Fish)
33	Ikan Kembong	Kg	18.03	13.99	15.00	10.66	17.91	20.00	Kg	Indian Mackerel (Fish)
34	Ikan Kerisi	Kg	17.01	14.14	10.00	14.76	14.41	19.66	Kg	Threadfin Bream (Fish)
35	Ikan Merah	Kg	37.30	33.21	36.99	34.87	41.54	38.97	Kg	Red Snapper (Fish)
36	Ikan Tenggiri, Batang	Kg	34.95	30.89	-	29.00	37.74	36.66	Kg	Spanish Mackerel, Batang (Fish)
37	Ikan Tongkol, Hitam	Kg	12.69	13.18	12.00	12.72	11.38	18.00	Kg	Longtail Tuna, Black (Fish)
38	Ikan Selayang	Kg	10.98	9.22	8.67	9.52	9.55	12.45	Kg	Selayang (Fish)
39	Ikan Siakap	Kg	18.20	16.88	19.75	18.41	19.38	21.48	Kg	Siakap (Fish)
40	Ayam	Kg	8.63	8.48	7.64	8.76	8.49	8.03	Kg	Chicken
41	Daging Lembu	Kg	32.44	31.60	34.00	34.70	30.91	34.00	Kg	Beef
Udang, Sotong dan Ketam									Prawn, Cuttlefish and Crab	
42	Udang (8-12 sm)	Kg	34.39	29.19	30.50	30.03	31.29	36.97	Kg	Prawns (8 – 12 cm)
43	Sotong (10-12 sm)	Kg	33.40	26.90	27.00	29.04	31.26	31.47	Kg	Cuttlefish Fresh (10 – 12 cm)
44	Ketam	Kg	32.89	29.21	29.00	33.19	31.61	37.95	Kg	Crabs
Makanan dan Minuman									Food & Beverages	
45	Nasi Lemak	Bungkus	2.74	2.51	2.33	2.58	2.60	2.94	Each	Nasi Lemak
46	Nasi Kosong	1 Pinggan	1.64	1.41	1.06	1.28	1.54	1.78	1 Plate	Plain Rice
47	Nasi Goreng	1 Pinggan	5.18	4.63	5.00	4.76	5.01	5.06	1 Plate	Fried Rice
48	Kuey Teow Goreng	1 Pinggan	5.31	4.59	4.88	4.76	5.01	4.76	1 Plate	Fried Kuey Teow
49	Mee Hoon Goreng	1 Pinggan	5.17	4.58	4.88	4.42	4.97	4.76	1 Plate	Fried Mee Hoon
50	Nasi Biryani	1 Pinggan	8.72	7.49	7.00	8.13	8.66	12.32	1 Plate	Biryani Rice
51	Roti Canai	Keping	1.07	1.09	1.00	1.12	1.05	1.22	Each	Roti Canai
52	Air Minuman	500 ml	0.76	0.72	0.63	0.62	0.65	0.50	500 ml	Drinking Water
53	Satay Ayam	Cucuk	0.76	0.72	0.70	0.72	0.73	1.06	Each	Chicken Satay
54	Nasi Ayam	Pinggan	5.31	4.79	4.89	5.00	4.88	6.00	Plate	Chicken Rice
55	Teh Tarik	Cawan	1.52	1.34	1.72	1.30	1.67	1.68	Cup	Teh Tarik
56	Kopi-O	Cawan	1.31	1.16	1.43	1.07	1.40	1.44	Cup	Kopi-O
57	Teh-O	Cawan	1.24	1.14	1.37	1.04	1.05	1.40	Cup	Teh-O
58	Milo	Cawan	1.92	1.88	2.29	1.82	1.92	2.32	Cup	Milo

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No.	Item Terpilih	Unit	Pahang	Perak	Perlis	Pulau Pinang	Terengganu	Wilayah Persekutuan Putrajaya	Unit	Selected Items
Perkakas Isi Rumah & Barangan Elektrik									Household Appliances & Electrical Goods	
59	Periuk Nasi Elektrik, 1.8LT	Sebiji	119.18	114.66	115.67	115.82	114.84	117.63	Each	Electric Rice Cooker, 1.8LT
60	Peti Sejuk 2-Pintu, kapasiti 280-300L	Sebuah	1,373.28	1,390.00	1,453.43	1,325.07	1,388.12	1,427.00	Each	Refrigerator, 2 Doors, with capacity 280-300L
61	Televisyen Warna, LED 40"	Sebuah	1,444.00	1,375.20	1,399.00	1,418.43	1,249.00	1,349.00	Each	TV Colour, 40" LED
Perkakas Lain, Barang-Barang dan Produk Untuk Penjagaan Diri									Other Appliances, Articles & Products for Personal Care	
62	Lampin Bayi, Saiz M	1 Pek	31.32	31.59	32.03	34.21	31.67	31.20	1 Pack	Baby Diapers, Size M
63	Shampoo, 320 ML	1 Botol	11.68	10.98	11.80	11.95	12.06	10.95	1 Bottle	Shampoo, 320 ML
Susu Segar, Susu Pekat, Susu Tepung & Keluaran Susu Lain									Fresh Milk, Condensed Milk, Milk Powder & Other Dairy Products	
64	Susu Segar UHT	1 L	7.00	6.62	7.17	6.98	7.12	6.88	1 L	Fresh Milk UHT
65	Susu, Krimer Pekat Manis	500 gm	2.80	2.78	2.71	2.94	2.78	2.74	500 gm	Sweetened Creamer Milk
66	Susu Tepung Bayi, PK	650 gm	25.41	25.36	25.21	25.85	25.03	24.98	650 gm	Powdered Milk (Infant), PK
67	Keju (12) PK	250 g	11.03	10.97	10.92	11.21	11.26	10.85	250 g	Cheese (12), PK
Barang Pengeluaran Perubatan									Pharmaceutical Products	
68	Ubat batuk	60 ml Bot	6.57	6.47	6.49	6.26	6.65	6.16	60 ml Bot	Cough Mixture / Syrup
69	Paracetamol	12 / strip	4.59	4.25	4.84	4.45	4.71	4.70	12 / strip	Paracetamol
Ikan & Makanan Laut yang diproses dan Minyak Masak									Processed Fish and Cooking Oil	
70	Ikan dalam Sos Tomato	425 gm	7.83	7.54	7.42	7.74	7.87	7.50	425 gm	Fish in tomato sauce
71	Minyak Masak	3 Kg Bot	16.60	16.54	16.94	16.91	16.89	16.62	3 Kg Bot	Cooking Oil
72	Minyak Masak	5 Kg Bot	22.96	22.05	22.56	22.64	23.07	25.05	5 Kg Bot	Cooking Oil
73	Minyak Masak	1 Kg Bot	5.60	5.55	5.70	5.64	5.57	5.47	1 Kg Bot	Cooking Oil
Beras, Minuman Bermalt dan Minuman Isotonik									Rice, Malt Drinks and Isotonic Drinks	
74	Beras SST 5%	10 Kg	25.93	25.90	25.67	25.77	25.94	25.86	10 Kg	Rice SST 5%
75	Minuman bermalt PK	200 gm	4.62	4.55	4.65	4.63	4.61	4.63	200 gm	Malt Drinks, PK
76	Minuman Isotonik	1.5 L	3.43	3.29	3.30	3.44	3.33	3.42	1.5 L	Isotonic Drinks
Mee Kering, Kicap Kacang Soya Manis, Sos, Mayonis, Minuman Beralkohol dan Ubat Nyamuk									Dried Mee, Sweet Soya Bean Sauce, Mayonnaise, Alcoholic Beverages and Mosquito Repellent	
77	Mee Kering	500 gm	4.07	3.90	3.93	3.56	3.85	3.48	500 gm	Dried Mee
78	Mee Kering	Pek 5	4.34	4.35	4.47	4.37	4.29	4.44	Pack of 5	Dried Mee
79	Kicap Kacang Soya, manis	345 ml	5.58	5.45	5.39	5.61	5.50	5.34	345 ml	Sweet Soya Bean Sauce
80	Sos Tomato	475 gm Bot	3.83	3.83	3.87	3.97	3.84	3.83	475 gm Bot	Tomato Sauce
81	Sos Cili	340 gm Bot	3.34	3.29	3.26	3.35	3.29	3.27	340 gm Bot	Chilli Sauce
82	Mayonis	230 ml Bot	6.22	6.10	5.48	6.35	6.22	6.02	230 ml Bot	Mayonnaise
83	Minuman Beralkohol	320 ml Tin	6.79	6.50	6.67	6.66	6.64	-	320 ml TN	Alcoholic Beverages
84	Ubat Nyamuk	10 keping	1.77	1.81	1.81	1.84	1.82	1.84	10 pc	Mosquito Repellent
85	Ubat Nyamuk	30 keping	5.09	4.99	5.09	5.37	5.21	5.00	30 pc	Mosquito Repellent
86	Ubat Nyamuk	360 gm Tin	8.62	8.77	8.53	8.71	8.80	7.78	360 gm TN	Mosquito Repellent
Barangan & Penyelenggaraan Isi Rumah, Buku & Alat tulis dan Barangan Untuk Penjagaan Diri									Goods & Services For Routine Household Maintenance, Books & Stationery and Products for Personal Care	
87	Plastik Sampah	Bungkusan 10 Keping	5.81	6.26	-	6.91	5.53	7.85	Pack of 10 pc	Garbage Plastic Bag
88	Pelembut Fabrik	2 L Bot	9.43	8.80	8.50	9.06	8.87	9.29	2L Bot	Fabric Softener
89	Pen	Sebatang	0.89	1.03	0.82	1.04	0.88	1.35	Each	Pen
90	Pensil Warna	Kotak 12 Batang	15.12	13.43	13.23	14.92	13.65	13.90	12 pc Box	Pencil, Colour
91	Kertas Fotostat	1 Rim	15.96	14.83	14.45	15.18	14.36	-	1 Rim	Photostat Paper
92	Buku Latihan	Sebuah	1.03	1.45	1.17	1.54	0.94	1.30	Each	Exercise Book
93	Potong Rambut (Lelaki)	Satu	12.39	11.12	11.75	12.47	12.52	15.40	Each	Men's Hair Cut
94	Berus Gigi	Satu	3.28	3.28	3.19	3.61	3.69	4.09	Each	Toothbrush
95	Ubat Gigi	Tiub 175 gm	8.48	8.38	8.03	8.74	8.64	8.60	175 gm Tube	Toothpaste
96	Tisu Tandas	10 Gulung	9.29	8.62	9.43	9.15	9.11	8.50	10 Rolls	Toilet Paper
97	Tuala Wanita	Pek 10	3.27	3.39	3.33	3.35	3.21	2.94	PK of 10	Sanitary Napkin
98	Tuala Wanita	Pek 8	4.12	4.18	3.94	4.54	4.30	4.60	PK of 8	Sanitary Napkin
99	Sabun Mandi	1 Pek 3, 85 gm	4.31	4.11	4.24	4.30	4.28	4.09	1 PK of 3, 85 gm	Toilet Soap
100	Sabun Mandi	220 ml Bot	6.16	6.08	6.11	6.21	6.19	5.95	220 ml Bot	Shower Cream

Harga Purata Item Terpilih di Malaysia, Julai 2020
Average Price for Selected Items in Malaysia, July 2020

No.	Item Terpilih	Unit	Selangor	WPKL	Sabah	Sarawak	Wilayah Persekutuan Labuan	Unit	Selected Items
Sayur-sayuran									Vegetables
1	Bayam	Kg	4.07	4.25	4.12	6.00	4.75	Kg	Spinach
2	Bendi	Kg	7.33	7.26	5.67	7.29	6.41	Kg	Ladies Fingers
3	Petola	Kg	6.25	6.25	4.44	6.29	4.75	Kg	Angel Gourd
4	Bawang Besar, India	Kg	3.65	3.67	6.64	5.11	5.50	Kg	Onions Big, India
5	Cili (Burung/padi) Import	200 gm	2.67	2.60	-	-	-	200 gm	Chilli (Burung/padi) Import
6	Cili Merah (Kulai)	Kg	18.65	18.10	13.61	18.10	12.00	Kg	Red Chilli (Kulai)
7	Cili Merah (Minyak)	Kg	16.57	16.99	14.41	20.17	14.80	Kg	Red Chilli (Minyak)
8	Kacang Panjang	Kg	6.76	6.58	4.70	5.87	7.33	Kg	Long Beans
9	Kacang Buncis	Kg	9.73	9.05	5.81	9.08	5.80	Kg	French Beans
10	Kobis Bulat	Kg	4.45	4.90	3.77	-	4.62	Kg	Round Cabbage
11	Kobis Bunga	Kg	7.44	9.75	8.95	-	8.56	Kg	Cauliflower
12	Lobak Merah	Kg	3.89	4.21	4.76	5.09	6.50	Kg	Carrot
13	Sawi, Bunga (Choy Sum)	Kg	7.56	7.71	4.82	7.61	5.25	Kg	Choy Sum, Bunga
14	Tomato	Kg	7.11	7.72	6.00	8.46	4.00	Kg	Tomatoes
15	Terung	Kg	8.07	8.12	4.53	7.61	6.15	Kg	Brinjals
16	Timun	Kg	4.01	4.00	2.74	3.71	3.25	Kg	Cucumber
Buah-Buahan									Fruits
17	Epal Fuji	Biji	1.79	1.83	1.20	2.15	1.11	Each	Apple Fuji
18	Epal (Green Skin)	Biji	1.01	1.10	1.16	1.53	1.05	Each	Apple (Green Skin)
19	Epal (Red Skin, Gala)	Biji	1.17	1.57	1.15	1.66	1.17	Each	Apple (Red Skin, Gala)
20	Betik	Kg	4.43	4.54	2.64	3.54	3.05	Kg	Papaya
21	Nenas	Kg	3.47	3.66	4.28	4.50	4.40	Kg	Pineapple
22	Pisang Emas	Kg	5.54	6.00	3.05	3.03	4.22	Kg	Pisang Emas (Banana)
23	Pisang Rastali	Kg	5.63	6.06	3.19	3.57	4.21	Kg	Pisang Rastali (Banana)
24	Pisang Berangan	Kg	5.46	5.79	3.70	4.01	4.22	Kg	Pisang Berangan (Banana)
25	Tembikai, Tanpa Biji	Kg	3.63	3.78	-	-	-	Kg	Watermelon, Seedless
Kelapa dan Telur									Coconut & Eggs
26	Kelapa Parut	Kg	8.22	7.67	6.08	5.71	7.00	Kg	Coconut Grated
27	Santan	Kg	10.60	12.88	9.86	7.40	-	Kg	Fresh Coconut Milk
28	Telur Gred A	10 biji	3.76	4.03	4.42	3.83	4.60	10 each	Hen's Egg Grade A
29	Telur Gred B	10 biji	3.48	3.63	4.15	3.46	4.63	10 each	Hen's Egg Grade B
30	Telur Gred C	10 biji	3.19	3.49	3.94	3.44	4.56	10 each	Hen's Egg Grade C
Ikan, Ayam dan Daging									Fish, Chicken & Meat
31	Ikan Bawal Hitam	Kg	28.28	26.70	20.35	26.21	25.00	Kg	Black Pomfret (Fish)
32	Ikan Cencaru	Kg	11.20	10.57	8.39	9.12	11.20	Kg	Hardtail Scad (Fish)
33	Ikan Kembong	Kg	15.68	16.71	9.14	13.62	14.33	Kg	Indian Mackerel (Fish)
34	Ikan Kerisi	Kg	17.11	17.21	9.47	-	11.22	Kg	Threadfin Bream (Fish)
35	Ikan Merah	Kg	36.83	36.21	22.63	25.19	31.67	Kg	Red Snapper (Fish)
36	Ikan Tenggiri, Batang	Kg	34.37	34.22	-	-	-	Kg	Spanish Mackerel, Batang (Fish)
37	Ikan Tongkol, Hitam	Kg	13.90	13.21	10.30	10.35	10.67	Kg	Longtail Tuna, Black (Fish)
38	Ikan Selayang	Kg	11.84	11.75	7.65	9.05	7.96	Kg	Selayang (Fish)
39	Ikan Siakap	Kg	17.81	19.25	16.25	21.11	-	Kg	Siakap (Fish)
40	Ayam	Kg	8.44	8.01	10.08	9.62	10.50	Kg	Chicken
41	Daging Lembu	Kg	34.40	35.00	26.63	36.88	-	Kg	Beef
Udang, Sotong dan Ketam									Prawn, Cuttlefish and Crab
42	Udang (8-12 sm)	Kg	33.00	36.83	25.69	30.95	39.90	Kg	Prawns (8 – 12 cm)
43	Sotong (10-12 sm)	Kg	31.85	31.99	14.40	17.81	10.00	Kg	Cuttlefish Fresh (10 – 12 cm)
44	Ketam	Kg	34.94	36.00	15.68	22.12	24.25	Kg	Crabs
Makanan dan Minuman									Food & Beverages
45	Nasi Lemak	Bungkus	2.48	2.83	2.97	4.14	2.50	Each	Nasi Lemak
46	Nasi Kosong	1 Pinggan	1.62	1.62	1.67	1.43	1.88	1 Plate	Plain Rice
47	Nasi Goreng	1 Pinggan	5.18	5.08	6.27	4.75	5.88	1 Plate	Fried Rice
48	Kuey Teow Goreng	1 Pinggan	5.20	5.10	6.42	4.65	6.50	1 Plate	Fried Kuey Teow
49	Mee Hoon Goreng	1 Pinggan	5.17	5.10	6.27	4.61	6.50	1 Plate	Fried Mee Hoon
50	Nasi Biryani	1 Pinggan	9.46	8.00	8.25	9.10	10.67	1 Plate	Biryani Rice
51	Roti Canai	Keping	1.18	1.25	1.30	1.21	1.50	Each	Roti Canai
52	Air Minuman	500 ml	0.73	0.52	0.57	0.82	0.62	500 ml	Drinking Water
53	Satay Ayam	Cucuk	0.93	0.96	0.80	0.66	0.80	Each	Chicken Satay
54	Nasi Ayam	Pinggan	5.36	6.25	6.23	5.41	6.47	Plate	Chicken Rice
55	Teh Tarik	Cawan	1.52	1.65	1.93	1.93	1.82	Cup	Teh Tarik
56	Kopi-O	Cawan	1.29	1.45	1.57	1.53	1.40	Cup	Kopi-O
57	Teh-O	Cawan	1.27	1.40	1.57	1.55	1.40	Cup	Teh-O
58	Milo	Cawan	2.08	2.31	2.03	2.44	2.45	Cup	Milo

Harga Purata Item Terpilih di Malaysia, Julai 2020
Average Price for Selected Items in Malaysia, July 2020

No.	Item Terpilih	Unit	Selangor	WPKL	Sabah	Sarawak	Wilayah Persekutuan Labuan	Unit	Selected Items
Perkakas Isi Rumah & Barangan Elektrik									Household Appliances & Electrical Goods
59	Periuk Nasi Elektrik, 1.8LT	Sebiji	117.46	114.00	126.61	129.36	124.00	Each	Electric Rice Cooker, 1.8LT
60	Peti Sejuk 2-Pintu, kapasiti 280-300L	Sebuah	1,323.00	1,439.67	1,531.68	1,422.07	-	Each	Refrigerator, 2 Doors, with capacity 280-300L
61	Televisyen Warna, LED 40"	Sebuah	1,284.89	1,362.33	1,592.00	1,419.33	1,599.00	Each	TV Colour, 40" LED
Perkakas Lain, Barang-Barang dan Produk Untuk Penjagaan Diri									Other Appliances, Articles & Products for Personal Care
62	Lampin Bayi, Saiz M	1 Pek	33.86	39.27	37.89	36.90	36.76	1 Pack	Baby Diapers, Size M
63	Shampoo, 320 ML	1 Botol	11.57	12.97	11.64	11.60	11.38	1 Bottle	Shampoo, 320 ML
Susu Segar, Susu Pekat, Susu Tepung & Keluaran Susu Lain									Fresh Milk, Condensed Milk, Milk Powder & Other Dairy Products
64	Susu Segar UHT	1 L	6.56	7.63	6.99	6.51	7.12	1 L	Fresh Milk UHT
65	Susu, Krimer Pekat Manis	500 gm	2.79	2.96	3.21	2.87	2.90	500 gm	Sweetened Creamer Milk
66	Susu Tepung Bayi, PK	650 gm	25.43	26.71	25.51	25.20	26.50	650 gm	Powdered Milk (Infant), PK
67	Keju (12) PK	250 g	10.92	11.24	12.55	12.23	12.50	250 g	Cheese (12), PK
Barang Pengeluaran Perubatan									Pharmaceutical Products
68	Ubat batuk	60 ml Bot	6.22	5.87	7.19	6.96	7.90	60 ml Bot	Cough Mixture / Syrup
69	Paracetamol	12 / strip	4.48	4.53	4.83	4.61	5.55	12 / strip	Paracetamol
Ikan & Makanan Laut yang diproses dan Minyak Masak									Processed Fish and Cooking Oil
70	Ikan dalam Sos Tomato	425 gm	7.60	7.83	7.86	7.69	8.40	425 gm	Fish in tomato sauce
71	Minyak Masak	3 Kg Bot	17.08	16.80	17.95	18.33	17.50	3 Kg Bot	Cooking Oil
72	Minyak Masak	5 Kg Bot	22.32	21.20	25.49	24.64	26.15	5 Kg Bot	Cooking Oil
73	Minyak Masak	1 Kg Bot	5.59	5.30	5.84	6.20	7.12	1 Kg Bot	Cooking Oil
Beras, Minuman Bermalt dan Minuman Isotonik									Rice, Malt Drinks and Isotonic Drinks
74	Beras SST 5%	10 Kg	25.96	25.92	28.17	27.98	27.57	10 Kg	Rice SST 5%
75	Minuman bermalt PK	200 gm	4.62	4.56	4.60	4.63	4.47	200 gm	Malt Drinks, PK
76	Minuman Isotonik	1.5 L	3.37	3.46	3.53	3.34	3.58	1.5 L	Isotonic Drinks
Mee Kering, Kicap Kacang Soya Manis, Sos, Mayonis, Minuman Beralkohol dan Ubat Nyamuk									Dried Mee, Sweet Soya Bean Sauce, Mayonnaise, Alcoholic Beverages and Mosquito Repellent
77	Mee Kering	500 gm	4.00	3.79	3.28	3.79	4.30	500 gm	Dried Mee
78	Mee Kering	Pek 5	4.30	4.37	4.11	4.20	4.38	Pack of 5	Dried Mee
79	Kicap Kacang Soya, manis	345 ml	5.51	5.63	6.31	-	6.55	345 ml	Sweet Soya Bean Sauce
80	Sos Tomato	475 gm Bot	3.70	3.67	3.75	2.98	4.10	475 gm Bot	Tomato Sauce
81	Sos Cili	340 gm Bot	3.34	3.20	3.19	3.27	3.40	340 gm Bot	Chilli Sauce
82	Mayonis	230 ml Bot	6.06	6.27	6.19	6.06	6.15	230 ml Bot	Mayonnaise
83	Minuman Beralkohol	320 ml Tin	6.46	7.16	6.03	5.88	3.70	320 ml TN	Alcoholic Beverages
84	Ubat Nyamuk	10 keping	1.83	1.87	1.88	1.90	1.80	10 pc	Mosquito Repellent
85	Ubat Nyamuk	30 keping	5.61	5.92	5.20	5.13	5.10	30 pc	Mosquito Repellent
86	Ubat Nyamuk	360 gm Tin	8.84	10.03	8.50	8.57	8.48	360 gm TN	Mosquito Repellent
Barangan & Penyelenggaraan Isi Rumah, Buku & Alat tulis dan Barangan Untuk Penjagaan Diri									Goods & Services For Routine Household Maintenance, Books & Stationery and Products for Personal Care
87	Plastik Sampah	Bungkusan 10 Keping	7.29	8.07	6.43	6.02	3.50	Pack of 10 pc	Garbage Plastic Bag
88	Pelembut Fabrik	2 L Bot	8.75	8.99	9.20	9.01	8.33	2L Bot	Fabric Softener
89	Pen	Sebatang	0.98	0.75	0.89	0.91	1.20	Each	Pen
90	Pensil Warna	Kotak 12 Batang	13.43	15.90	12.41	14.83	12.80	12 pc Box	Pencil, Colour
91	Kertas Fotostat	1 Rim	15.55	14.29	15.72	16.53	15.40	1 Rim	Photostat Paper
92	Buku Latihan	Sebuah	1.09	1.13	1.20	1.61	1.20	Each	Exercise Book
93	Potong Rambut (Lelaki)	Satu	14.44	14.80	14.66	11.84	18.00	Each	Men's Hair Cut
94	Berus Gigi	Satu	3.31	3.74	3.72	3.16	3.11	Each	Toothbrush
95	Ubat Gigi	Tiub 175 gm	8.52	8.90	8.72	8.49	8.83	175 gm Tube	Toothpaste
96	Tisu Tandas	10 Gulung	9.31	9.65	10.42	10.43	10.43	10 Rolls	Toilet Paper
97	Tuala Wanita	Pek 10	3.30	3.29	3.33	3.62	3.25	PK of 10	Sanitary Napkin
98	Tuala Wanita	Pek 8	3.89	3.50	4.16	4.30	4.20	PK of 8	Sanitary Napkin
99	Sabun Mandi	1 Pek 3, 85 gm	4.11	4.38	4.22	4.00	4.43	1 PK of 3, 85 gm	Toilet Soap
100	Sabun Mandi	220 ml Bot	6.08	6.13	5.97	6.09	5.97	220 ml Bot	Shower Cream