

Harga Purata Item Terpilih di Malaysia, Julai 2019 (RM)

Bil.	Item Terpilih	Unit	Sarawak	Wilayah Persekutuan Labuan
	Perkakas Isi Rumah & Barangan Elektrik			
59.	Periuk Nasi Elektrik, 1.8LT	Sebiji	127.04	119.00
60.	Peti Sejuk 2-Pintu, kapasiti 280-300L	Sebuah	1456.48	1629.00
61.	Televisyen Warna, LED 40"	Sebuah	1502.91	1439.00
	Perkakas Lain, Barang-Barang dan Produk Untuk Penjagaan Diri			
62.	Lampin Bayi, Saiz M	1 Pek	35.81	37.33
63.	Shampoo, 320 ML	1 Botol	11.56	11.74
	Susu Segar, Susu Pekat, Susu Tepung & Keluaran Susu Lain			
64.	Susu Segar UHT	1 L	6.86	7.15
65.	Susu / krimer pekat manis	500 gm	2.91	3.10
66.	Susu Tepung Bayi, PK	650 gm	24.75	26.43
67.	Keju (12) PK	250 g	11.98	12.50
	Barang Pengeluaran Perubatan			
68.	Ubat batuk	60 ml Bot	6.75	7.65
69.	Paracetamol	10 / strip	3.62	0.00
	Ikan & Makanan Laut yang diproses dan Minyak Masak			
70.	Ikan dalam Sos Tomato	425 gm	7.56	8.18
71.	Minyak Masak	3 Kg Bot	17.10	17.50
72.	Minyak Masak	5 Kg Bot	22.79	26.15
73.	Minyak Masak	1 Kg Bot	5.90	7.07
	Beras, Minuman Bermalt dan Minuman Isotonik			
74.	Beras SST 5%	10 Kg	27.57	27.32
75.	Minuman bermalt PK	200 gm	4.62	4.62
76.	Minuman Isotonik	1.5 L	3.21	3.42
	Mee Kering, Kicap Kacang Soya Manis, Sos, Mayonis, Minuman Beralkohol dan Ubat Nyamuk			
77.	Mee Kering	500 gm	3.70	4.52
78.	Mee Kering	Pek 5	4.18	4.49
79.	Kicap Kacang Soya, manis	345 ML	-	6.55
80.	Sos Tomato	475 g Bot	2.94	3.73
81.	Sos Cili	340 g Bot	3.24	3.17
82.	Mayonis	230 ML Bot	5.98	6.25
83.	Minuman Beralkohol	320 ML TN	6.10	3.13
84.	Ubat Nyamuk	10 pc	1.88	1.72
85.	Ubat Nyamuk	30 pc	5.08	4.65
86.	Ubat Nyamuk	360 gm TN	8.57	7.80
	Barangan & Penyelenggaraan Isi Rumah, Buku & Alatulis dan Barangan Untuk Penjagaan Diri			
87.	Plastik Sampah	Bungkusan 10 Keping	5.71	3.50
88.	Pelembut Fabrik	2L Bot	8.46	8.50
89.	Pen	Sebatang	0.90	0.85
90.	Pensil Warna	Kotak 12 Batang	15.05	12.80
91.	Kertas Fotostat	1 Rim	16.42	15.90
92.	Buku Latihan	Sebuah	1.61	1.43
93.	Potong Rambut (Lelaki)	Satu	10.65	15.00
94.	Berus Gigi	Satu	3.24	3.01
95.	Ubat Gigi	Tiub 175 gm	8.19	8.83
96.	Tisu Tandas	10 Gulung	10.36	11.17
97.	Tuala Wanita	Pek 10	3.85	-
98.	Tuala Wanita	Pek 8	4.16	3.50
99.	Sabun Mandi	1 Pek 3, 85 gm	3.91	4.50
100.	Sabun Mandi	220 ML Bot	5.97	5.97

Average prices for selected items in Malaysia, July 2019 (RM)

No.	Selected Items	Unit	Malaysia	Johor	Kedah	Kelantan	Melaka
Vegetables							
1.	Spinach	Kg	4.54	4.85	4.08	4.54	5.07
2.	Ladies Fingers	Kg	7.27	7.94	7.99	7.22	6.61
3.	Angel Gourd	Kg	5.72	5.69	4.98	5.25	5.63
4.	Onions Big, India	Kg	3.36	2.91	2.96	3.02	2.72
5.	Chilli (Burung/padi) Import	200 gm	2.75	2.79	2.19	3.22	2.68
6.	Red Chilli (Kulai)	Kg	18.83	18.80	21.58	15.40	21.04
7.	Red Chilli (Minyak)	Kg	17.96	19.97	19.82	16.90	21.10
8.	Long Beans	Kg	6.97	8.48	7.13	5.88	7.88
9.	French Beans	Kg	9.04	9.88	9.55	8.12	10.51
10.	Round Cabbage	Kg	4.40	4.80	4.27	4.65	4.81
11.	Cauliflower	Kg	8.24	8.05	6.68	7.96	10.00
12.	Carrot	Kg	4.32	4.29	4.10	4.23	3.99
13.	Choy Sum, Bunga	Kg	7.06	8.31	7.65	6.50	8.75
14.	Tomatoes	Kg	4.72	4.41	4.03	4.13	4.27
15.	Brinjals	Kg	6.33	7.03	6.15	5.14	7.50
16.	Cucumber	Kg	3.67	4.34	3.80	4.08	4.24
Fruits							
17.	Apple Fuji	Each	1.90	1.75	1.72	2.32	2.24
18.	Apple (Green Skin)	Each	1.17	1.22	1.23	1.24	1.10
19.	Apple (Red Skin, Gala)	Each	1.22	1.46	1.31	1.30	1.29
20.	Papaya	Kg	3.78	3.32	3.95	4.00	4.35
21.	Pineapple	Kg	3.77	2.78	3.72	3.80	3.21
22.	Pisang Emas (Banana)	Kg	4.23	4.25	5.34	5.00	4.57
23.	Pisang Rastali (Banana)	Kg	4.08	4.39	5.88	5.12	5.50
24.	Pisang Berangan (Banana)	Kg	4.71	4.49	5.19	5.67	5.01
25.	Watermelon, Seedless	Kg	3.14	3.33	3.00	2.21	3.23
Coconut & Eggs							
26.	Coconut Grated	Kg	7.28	7.43	7.97	6.97	7.41
27.	Fresh Coconut Milk	Kg	10.22	8.97	11.40	9.82	11.07
28.	Hen's Egg Grade A	10 each	3.94	3.83	3.81	3.64	3.66
29.	Hen's Egg Grade B	10 each	3.72	3.66	3.63	3.46	3.57
30.	Hen's Egg Grade C	10 each	3.52	3.36	3.42	3.30	3.45
Fish, Chicken & Meat							
31.	Black Pomfret (Fish)	Kg	26.56	25.89	24.99	22.95	27.32
32.	Hardtail Scad (Fish)	Kg	9.93	10.12	8.87	9.74	10.92
33.	Indian Mackerel (Fish)	Kg	13.98	15.28	12.80	14.26	15.88
34.	Threadfin Bream (Fish)	Kg	14.15	14.91	12.66	13.59	16.96
35.	Red Snapper (Fish)	Kg	33.66	34.92	28.40	38.07	33.94
36.	Spanish Mackerel, Batang (Fish)	Kg	32.80	31.14	29.75	34.62	32.73
37.	Longtail Tuna, Black (Fish)	Kg	11.82	11.75	13.00	11.45	11.67
38.	Selayang (Fish)	Kg	9.81	10.56	10.52	9.47	11.78
39.	Siakap (Fish)	Kg	17.89	17.14	17.28	18.54	17.84
40.	Chicken	Kg	8.22	7.45	7.41	7.38	7.60
41.	Beef	Kg	32.12	32.51	33.60	29.52	33.18
Prawn, Cuttlefish and Crab							
42.	Prawns (8 – 12 cm)	Kg	30.14	32.19	25.91	29.98	31.05
43.	Cuttlefish Fresh (10 – 12 cm)	Kg	24.70	26.49	23.47	23.79	29.04
44.	Crabs	Kg	28.97	29.92	30.76	28.12	32.42
Food & Beverages							
45.	Nasi Lemak	Each	2.78	2.91	2.43	2.50	2.62
46.	Plain Rice	1 Plate	1.49	1.49	1.23	1.40	1.43
47.	Fried Rice	1 Plate	5.07	4.67	4.48	5.00	4.78
48.	Fried Kuey Teow	1 Plate	5.04	4.66	4.39	4.88	4.66
49.	Fried Mee Hoon	1 Plate	5.00	4.71	4.39	4.88	4.66
50.	Biryani Rice	1 Plate	8.32	8.25	8.70	7.62	7.50
51.	Roti Canai	Each	1.12	1.00	1.02	1.01	1.09
52.	Drinking Water	500 ml	0.70	0.82	0.67	0.71	0.87
53.	Chicken Satay	Each	0.75	0.74	0.68	0.88	0.78
54.	Chicken Rice	Plate	5.37	5.84	5.03	5.15	4.64
55.	Teh Tarik	Cup	1.59	1.44	1.27	1.39	1.41
56.	Kopi-O	Cup	1.32	1.23	1.01	1.16	1.22
57.	Teh-O	Cup	1.25	1.15	0.99	0.89	1.11
58.	Milo	Cup	1.98	1.84	1.81	1.66	1.87

Average prices for selected items in Malaysia, July 2019 (RM)

No.	Selected Items	Unit	Malaysia	Johor	Kedah	Kelantan	Melaka
	Household Appliances & Electrical Goods						
59.	Electric Rice Cooker, 1.8LT	Each	115.93	113.99	110.92	110.76	113.61
60.	Refrigerator, 2 Doors, with capacity 280-300L	Each	1397.97	1341.50	1397.26	1501.59	1394.36
61.	TV Colour, 40" LED	Each	1422.16	1446.07	1405.45	1549.00	1344.00
	Other Appliances, Articles & Products for Personal Care						
62.	Baby Diapers, Size M	1 Pack	34.30	32.16	32.28	32.84	32.63
63.	Shampoo, 320 ML	1 Bottle	11.46	11.70	11.44	11.91	11.46
	Fresh Milk, Condensed Milk, Milk Powder & Other Dairy Products						
64.	Fresh Milk UHT	1 L	6.89	6.87	6.74	7.29	6.75
65.	Sweetened Creamer Milk	500 gm	2.83	2.83	2.79	2.78	2.77
66.	Powdered Milk (Infant) PK	650 gm	25.05	24.59	25.74	24.96	25.10
67.	Cheese (12) PK	250 g	11.20	10.95	11.13	11.27	10.91
	Pharmaceutical Products						
68.	Cough Mixture / Syrup	60 ml Bot	6.60	6.49	6.62	6.99	6.09
69.	Paracetamol	10 / strip	3.76	3.61	4.05	4.08	3.79
	Processed Fish and Cooking Oil						
70.	Fish in tomato sauce	425 gm	7.58	7.52	7.39	7.85	7.84
71.	Cooking Oil	3 Kg Bot	16.38	15.98	15.77	16.59	15.68
72.	Cooking Oil	5 Kg Bot	20.45	19.51	19.36	19.69	20.05
73.	Cooking Oil	1 Kg Bot	5.43	5.20	5.29	5.30	5.27
	Rice, Malt Drinks and Isotonic Drinks						
74.	Rice SST 5%	10 Kg	25.84	25.65	25.70	26.28	25.67
75.	Malt Drinks PK	200 gm	4.62	4.66	4.62	4.65	4.70
76.	Isotonic Drinks	1.5 L	3.24	3.31	3.16	3.39	3.34
	Dried Mee, Sweet Soya Bean Sauce, Mayonnaise, Alcoholic Beverages and Mosquito Repellent						
77.	Dried Mee	500 gm	3.71	3.94	3.82	3.85	3.97
78.	Dried Mee	Pack of 5	4.29	4.45	4.28	4.39	4.47
79.	Sweet Soya Bean Sauce	345 ML	5.65	5.74	5.57	5.53	5.76
80.	Tomato Sauce	475 g Bot	3.69	3.90	3.85	3.84	3.98
81.	Chilli Sauce	340 g Bot	3.26	3.32	3.28	3.27	3.33
82.	Mayonnaise	230 ML Bot	6.07	6.05	6.19	6.13	6.05
83.	Alcoholic Beverages	320 ML TN	6.27	6.29	5.61	7.75	6.46
84.	Mosquito Repellent	10 pc	1.82	1.89	1.78	1.80	1.81
85.	Mosquito Repellent	30 pc	5.18	5.24	5.05	5.15	5.32
86.	Mosquito Repellent	360 gm TN	8.77	9.28	9.01	8.30	8.60
	Goods & Services For Routine Household Maintenance, Books & Stationery and Products for Personal Care						
87.	Garbage Plastic Bag	Pack of 10 pc	5.60	4.49	5.20	5.83	4.73
88.	Fabric Softener	2L Bot	8.40	8.72	8.69	8.26	7.92
89.	Pen	Each	0.93	0.99	0.92	0.87	0.87
90.	Pencil, Colour	12 pc Box	13.83	13.97	13.70	13.74	11.78
91.	Photostat Paper	1 Rim	15.28	14.14	15.80	14.52	14.24
92.	Exercise Book	Each	1.24	1.02	1.73	0.98	0.93
93.	Men's Hair Cut	Each	10.76	11.56	8.78	6.58	11.07
94.	Toothbrush	Each	3.38	3.20	3.33	3.31	3.21
95.	Toothpaste	175 gm Tube	8.23	8.10	8.35	8.66	7.95
96.	Toilet Paper	10 Rolls	9.76	9.25	9.24	8.06	8.85
97.	Sanitary Napkin	PK of 10	3.69	3.58	3.56	3.66	3.00
98.	Sanitary Napkin	PK of 8	4.01	4.16	3.71	3.87	4.09
99.	Toilet Soap	1 PK of 3, 85 gm	4.11	4.02	4.28	4.33	4.10
100.	Shower Cream	220 ML Bt	6.08	6.18	6.15	6.17	6.12

Average prices for selected items in Malaysia, July 2019 (RM)

No.	Selected Items	Unit	Negeri Sembilan	Pahang	Perak	Perlis	Pulau Pinang
Vegetables							
1.	Spinach	Kg	4.26	4.14	3.63	5.17	3.62
2.	Ladies Fingers	Kg	7.17	7.00	6.89	8.50	8.25
3.	Angel Gourd	Kg	6.90	6.77	5.53	5.13	5.88
4.	Onions Big, India	Kg	2.94	2.98	2.76	2.50	2.71
5.	Chilli (Burung/padi) Import	200 gm	3.30	2.91	2.43	2.14	2.00
6.	Red Chilli (Kulai)	Kg	19.51	20.61	20.37	20.98	22.36
7.	Red Chilli (Minyak)	Kg	18.15	16.99	19.74	-	18.83
8.	Long Beans	Kg	8.01	7.58	7.40	6.24	7.70
9.	French Beans	Kg	10.22	9.30	9.47	10.89	9.50
10.	Round Cabbage	Kg	4.44	4.27	4.54	3.42	4.61
11.	Cauliflower	Kg	7.65	7.61	6.39	6.45	7.62
12.	Carrot	Kg	3.94	4.00	3.91	4.40	3.74
13.	Choy Sum, Bunga	Kg	7.70	7.80	7.31	7.00	7.70
14.	Tomatoes	Kg	3.92	4.09	3.86	4.77	3.93
15.	Brinjals	Kg	7.03	6.74	6.10	5.76	6.61
16.	Cucumber	Kg	3.96	3.51	3.63	3.92	3.84
Fruits							
17.	Apple Fuji	Each	1.96	1.70	1.98	1.68	2.48
18.	Apple (Green Skin)	Each	1.09	1.14	0.98	1.09	1.06
19.	Apple (Red Skin, Gala)	Each	1.09	1.35	1.08	1.06	0.94
20.	Papaya	Kg	3.96	4.06	3.64	4.30	4.47
21.	Pineapple	Kg	2.91	3.41	3.18	3.97	4.45
22.	Pisang Emas (Banana)	Kg	4.81	4.60	4.31	6.00	5.47
23.	Pisang Rastali (Banana)	Kg	4.55	4.57	4.27	-	5.92
24.	Pisang Berangan (Banana)	Kg	4.53	4.78	4.52	5.20	5.62
25.	Watermelon, Seedless	Kg	3.12	3.27	3.12	3.62	3.42
Coconut & Eggs							
26.	Coconut Grated	Kg	7.62	8.04	7.90	7.31	7.53
27.	Fresh Coconut Milk	Kg	9.38	13.29	10.40	10.89	11.08
28.	Hen's Egg Grade A	10 each	3.68	3.88	3.75	3.67	3.71
29.	Hen's Egg Grade B	10 each	3.62	3.48	3.65	3.36	3.58
30.	Hen's Egg Grade C	10 each	3.42	3.45	3.36	3.03	3.40
Fish, Chicken & Meat							
31.	Black Pomfret (Fish)	Kg	27.77	29.70	27.98	24.50	27.95
32.	Hardtail Scad (Fish)	Kg	10.78	10.52	10.18	9.30	9.66
33.	Indian Mackerel (Fish)	Kg	14.55	17.34	14.80	0.00	13.45
34.	Threadfin Bream (Fish)	Kg	16.73	16.50	14.49	12.21	13.45
35.	Red Snapper (Fish)	Kg	34.89	36.00	33.51	-	36.85
36.	Spanish Mackerel, Batang (Fish)	Kg	32.29	34.03	30.22	35.50	29.67
37.	Longtail Tuna, Black (Fish)	Kg	11.50	12.47	12.69	10.00	12.75
38.	Selayang (Fish)	Kg	10.97	11.67	10.17	10.14	10.15
39.	Siakap (Fish)	Kg	16.48	17.97	17.59	18.50	17.82
40.	Chicken	Kg	7.76	8.05	7.81	7.37	8.13
41.	Beef	Kg	34.08	32.67	30.63	34.00	34.33
Prawn, Cuttlefish and Crab							
42.	Prawns (8 – 12 cm)	Kg	31.14	31.66	27.98	29.60	30.46
43.	Cuttlefish Fresh (10 – 12 cm)	Kg	27.90	30.68	25.10	26.00	24.81
44.	Crabs	Kg	33.21	32.85	28.11	27.50	32.18
Food & Beverages							
45.	Nasi Lemak	Each	2.49	2.72	2.39	2.21	2.14
46.	Plain Rice	1 Plate	1.43	1.67	1.41	1.11	1.22
47.	Fried Rice	1 Plate	4.78	4.97	4.53	4.75	4.47
48.	Fried Kuey Teow	1 Plate	5.01	5.08	4.42	4.69	4.55
49.	Fried Mee Hoon	1 Plate	4.79	5.06	4.44	4.69	4.22
50.	Biryani Rice	1 Plate	7.70	8.69	7.36	7.00	7.69
51.	Roti Canai	Each	1.07	1.12	1.08	1.00	1.09
52.	Drinking Water	500 ml	0.64	0.75	0.71	0.62	0.61
53.	Chicken Satay	Each	0.98	0.76	0.72	0.70	0.73
54.	Chicken Rice	Plate	5.57	5.26	4.67	5.00	4.71
55.	Teh Tarik	Cup	1.42	1.50	1.35	1.64	1.28
56.	Kopi-O	Cup	1.21	1.31	1.15	1.45	1.02
57.	Teh-O	Cup	1.20	1.25	1.14	1.38	1.00
58.	Milo	Cup	1.90	1.92	1.85	2.18	1.79

Average prices for selected items in Malaysia, July 2019 (RM)

No.	Selected Items	Unit	Negeri Sembilan	Pahang	Perak	Perlis	Pulau Pinang
	Household Appliances & Electrical Goods						
59.	Electric Rice Cooker, 1.8LT	Each	112.07	115.75	112.17	114.00	112.67
60.	Refrigerator, 2 Doors, with capacity 280-300L	Each	1364.64	1384.79	1364.33	1433.86	1303.91
61.	TV Colour, 40" LED	Each	1399.00	1444.00	1454.25	1444.50	1357.81
	Other Appliances, Articles & Products for Personal Care						
62.	Baby Diapers, Size M	1 Pack	31.70	33.05	33.10	31.68	32.77
63.	Shampoo, 320 ML	1 Bottle	11.22	11.41	11.20	11.63	11.26
	Fresh Milk, Condensed Milk, Milk Powder & Other Dairy Products						
64.	Fresh Milk UHT	1 L	6.63	6.76	6.75	6.77	6.82
65.	Sweetened Creamer Milk	500 gm	2.81	2.79	2.79	2.85	3.02
66.	Powdered Milk (Infant) PK	650 gm	25.24	24.71	24.82	24.37	25.74
67.	Cheese (12) PK	250 g	10.21	10.53	10.75	10.96	10.91
	Pharmaceutical Products						
68.	Cough Mixture / Syrup	60 ml Bot	6.65	6.51	6.18	6.45	6.19
69.	Paracetamol	10 / strip	4.00	3.43	3.57	3.91	3.66
	Processed Fish and Cooking Oil						
70.	Fish in tomato sauce	425 gm	7.66	7.56	7.49	7.29	7.57
71.	Cooking Oil	3 Kg Bot	15.50	16.79	16.25	15.60	15.79
72.	Cooking Oil	5 Kg Bot	19.67	18.89	18.42	20.04	18.99
73.	Cooking Oil	1 Kg Bot	5.31	5.15	5.26	5.28	5.28
	Rice, Malt Drinks and Isotonic Drinks						
74.	Rice SST 5%	10 Kg	25.81	25.72	25.73	25.47	25.59
75.	Malt Drinks PK	200 gm	4.67	4.66	4.55	4.63	4.64
76.	Isotonic Drinks	1.5 L	3.21	3.29	3.16	3.13	3.26
	Dried Mee, Sweet Soya Bean Sauce, Mayonnaise, Alcoholic Beverages and Mosquito Repellent						
77.	Dried Mee	500 gm	3.83	4.00	3.91	3.76	3.88
78.	Dried Mee	Pack of 5	4.33	4.24	4.37	4.28	4.29
79.	Sweet Soya Bean Sauce	345 ML	5.62	5.53	5.44	5.37	5.47
80.	Tomato Sauce	475 g Bot	3.82	3.80	3.76	3.83	3.83
81.	Chilli Sauce	340 g Bot	3.27	3.28	3.22	3.24	3.32
82.	Mayonnaise	230 ML Bot	6.14	6.14	6.03	6.08	6.10
83.	Alcoholic Beverages	320 ML TN	6.35	6.36	6.33	7.80	6.46
84.	Mosquito Repellent	10 pc	1.90	1.80	1.80	1.78	1.83
85.	Mosquito Repellent	30 pc	5.36	5.07	5.12	5.06	5.28
86.	Mosquito Repellent	360 gm TN	8.77	8.30	8.63	8.92	8.72
	Goods & Services For Routine Household Maintenance, Books & Stationery and Products for Personal Care						
87.	Garbage Plastic Bag	Pack of 10 pc	5.03	6.20	5.90	-	7.43
88.	Fabric Softener	2L Bot	8.26	8.42	8.06	8.32	8.72
89.	Pen	Each	0.99	0.89	0.96	0.82	0.81
90.	Pencil, Colour	12 pc Box	12.05	15.37	13.42	12.34	14.77
91.	Photostat Paper	1 Rim	15.12	15.73	14.80	14.30	14.77
92.	Exercise Book	Each	1.17	1.08	1.41	1.11	1.51
93.	Men's Hair Cut	Each	9.94	11.06	9.48	11.00	10.52
94.	Toothbrush	Each	3.57	3.25	3.21	3.23	3.48
95.	Toothpaste	175 gm Tube	7.96	7.99	8.25	7.67	8.45
96.	Toilet Paper	10 Rolls	8.73	9.09	8.80	8.98	9.53
97.	Sanitary Napkin	PK of 10	3.92	3.86	3.38	3.57	3.19
98.	Sanitary Napkin	PK of 8	3.77	4.17	3.95	3.73	4.31
99.	Toilet Soap	1 PK of 3, 85 gm	4.02	4.14	4.06	4.08	4.33
100.	Shower Cream	220 ML Bt	6.04	6.22	6.04	6.07	6.19

Average prices for selected items in Malaysia, July 2019 (RM)

No.	Selected Items	Unit	Terengganu	Wilayah Persekutuan Putrajaya	Selangor	WPKL	Sabah
Vegetables							
1.	Spinach	Kg	5.52	4.97	3.77	3.84	4.29
2.	Ladies Fingers	Kg	8.44	9.07	6.96	7.20	6.02
3.	Angel Gourd	Kg	5.62	7.37	6.75	6.97	4.43
4.	Onions Big, India	Kg	3.40	2.22	2.86	3.04	5.49
5.	Chilli (Burung/padi) Import	200 gm	3.36	3.30	2.63	2.33	-
6.	Red Chilli (Kulai)	Kg	17.09	23.00	19.03	18.85	15.72
7.	Red Chilli (Minyak)	Kg	14.45	18.80	18.51	18.00	14.98
8.	Long Beans	Kg	7.32	10.43	7.70	8.10	4.82
9.	French Beans	Kg	10.47	12.23	10.13	10.40	6.27
10.	Round Cabbage	Kg	4.18	3.75	4.67	4.97	3.86
11.	Cauliflower	Kg	9.33	-	6.82	12.90	9.00
12.	Carrot	Kg	4.59	4.80	3.82	3.86	4.78
13.	Choy Sum, Bunga	Kg	5.58	10.00	7.32	8.57	4.62
14.	Tomatoes	Kg	4.78	5.17	3.86	4.11	4.96
15.	Brinjals	Kg	5.68	8.18	6.86	7.04	4.64
16.	Cucumber	Kg	3.88	4.47	3.66	3.88	2.84
Fruits							
17.	Apple Fuji	Each	1.96	1.32	2.00	1.89	1.31
18.	Apple (Green Skin)	Each	1.06	0.93	1.01	1.00	1.20
19.	Apple (Red Skin, Gala)	Each	0.98	0.95	1.14	0.96	1.15
20.	Papaya	Kg	4.66	4.66	4.71	5.43	2.66
21.	Pineapple	Kg	3.75	2.24	3.45	3.68	4.43
22.	Pisang Emas (Banana)	Kg	5.56	5.75	5.17	5.46	3.10
23.	Pisang Rastali (Banana)	Kg	5.43	4.99	5.13	5.54	3.08
24.	Pisang Berangan (Banana)	Kg	5.64	5.45	5.16	5.46	3.63
25.	Watermelon, Seedless	Kg	2.44	3.15	3.44	3.71	-
Coconut & Eggs							
26.	Coconut Grated	Kg	7.80	10.00	7.98	7.40	6.12
27.	Fresh Coconut Milk	Kg	9.96	12.00	10.40	7.56	9.50
28.	Hen's Egg Grade A	10 each	3.75	3.62	3.78	3.83	4.53
29.	Hen's Egg Grade B	10 each	3.56	3.51	3.57	3.63	4.20
30.	Hen's Egg Grade C	10 each	3.37	3.37	3.45	3.50	3.96
Fish, Chicken & Meat							
31.	Black Pomfret (Fish)	Kg	26.00	30.18	27.72	29.62	21.58
32.	Hardtail Scad (Fish)	Kg	9.98	12.18	10.54	9.73	8.92
33.	Indian Mackerel (Fish)	Kg	16.84	15.96	14.77	15.95	8.12
34.	Threadfin Bream (Fish)	Kg	12.96	19.33	16.27	16.63	9.09
35.	Red Snapper (Fish)	Kg	39.83	36.97	36.12	36.67	22.50
36.	Spanish Mackerel, Batang (Fish)	Kg	37.90	37.00	33.46	34.42	-
37.	Longtail Tuna, Black (Fish)	Kg	12.10	16.50	12.81	12.41	9.67
38.	Selayang (Fish)	Kg	11.21	13.18	11.36	11.80	6.09
39.	Siakap (Fish)	Kg	19.17	24.34	17.63	18.65	19.00
40.	Chicken	Kg	7.64	7.00	7.68	7.48	9.90
41.	Beef	Kg	31.20	34.00	32.94	35.20	28.81
Prawn, Cuttlefish and Crab							
42.	Prawns (8 – 12 cm)	Kg	29.77	35.10	30.10	35.57	27.90
43.	Cuttlefish Fresh (10 – 12 cm)	Kg	28.45	28.56	28.72	29.86	14.75
44.	Crabs	Kg	35.44	27.00	31.06	34.10	16.90
Food & Beverages							
45.	Nasi Lemak	Each	2.59	2.94	2.38	2.38	2.91
46.	Plain Rice	1 Plate	1.53	1.72	1.56	1.52	1.66
47.	Fried Rice	1 Plate	5.11	5.04	5.10	5.23	6.17
48.	Fried Kuey Teow	1 Plate	4.97	4.76	5.12	5.18	6.33
49.	Fried Mee Hoon	1 Plate	4.97	4.76	5.11	5.18	6.14
50.	Biryani Rice	1 Plate	8.71	10.04	9.09	8.00	7.91
51.	Roti Canai	Each	1.05	1.19	1.15	1.16	1.29
52.	Drinking Water	500 ml	0.61	0.51	0.72	0.81	0.60
53.	Chicken Satay	Each	0.71	-	0.88	0.96	0.81
54.	Chicken Rice	Plate	4.86	5.67	5.19	5.50	6.13
55.	Teh Tarik	Cup	1.62	1.60	1.49	1.67	1.93
56.	Kopi-O	Cup	1.37	1.43	1.28	1.40	1.58
57.	Teh-O	Cup	1.08	1.37	1.25	1.40	1.57
58.	Milo	Cup	1.89	2.25	2.01	2.21	2.04

Average prices for selected items in Malaysia, July 2019 (RM)

No.	Selected Items	Unit	Terengganu	Wilayah Persekutuan Putrajaya	Selangor	WPKL	Sabah
	Household Appliances & Electrical Goods						
59.	Electric Rice Cooker, 1.8LT	Each	114.06	104.97	112.94	109.67	122.37
60.	Refrigerator, 2 Doors, with capacity 280-300L	Each	1380.08	1357.00	1327.16	1608.83	1506.04
61.	TV Colour, 40" LED	Each	1414.33	1298.00	1442.17	1341.50	1429.56
	Other Appliances, Articles & Products for Personal Care						
62.	Baby Diapers, Size M	1 Pack	33.03	31.95	33.87	35.55	39.45
63.	Shampoo, 320 ML	1 Bottle	11.64	10.91	11.46	12.32	11.34
	Fresh Milk, Condensed Milk, Milk Powder & Other Dairy Products						
64.	Fresh Milk UHT	1 L	7.06	7.10	6.94	6.49	6.96
65.	Sweetened Creamer Milk	500 gm	2.75	2.74	2.82	2.96	3.23
66.	Powdered Milk (Infant) PK	650 gm	24.84	24.77	25.14	26.58	25.14
67.	Cheese (12) PK	250 g	10.90	10.73	10.73	10.68	12.29
	Pharmaceutical Products						
68.	Cough Mixture / Syrup	60 ml Bot	6.91	5.96	6.21	5.82	7.01
69.	Paracetamol	10 / strip	4.80	6.80	3.91	4.40	3.77
	Processed Fish and Cooking Oil						
70.	Fish in tomato sauce	425 gm	7.52	7.22	7.47	7.82	7.81
71.	Cooking Oil	3 Kg Bot	16.64	16.90	16.04	16.90	16.84
72.	Cooking Oil	5 Kg Bot	18.84	19.26	19.79	17.75	23.01
73.	Cooking Oil	1 Kg Bot	5.24	-	5.27	0.00	5.87
	Rice, Malt Drinks and Isotonic Drinks						
74.	Rice SST 5%	10 Kg	25.74	25.88	25.78	25.28	27.88
75.	Malt Drinks PK	200 gm	4.60	4.64	4.64	4.64	4.56
76.	Isotonic Drinks	1.5 L	3.08	3.26	3.18	3.16	3.36
	Dried Mee, Sweet Soya Bean Sauce, Mayonnaise, Alcoholic Beverages and Mosquito Repellent						
77.	Dried Mee	500 gm	3.90	3.74	3.71	3.66	3.22
78.	Dried Mee	Pack of 5	4.14	4.15	4.29	4.37	4.19
79.	Sweet Soya Bean Sauce	345 ML	5.49	5.46	5.53	5.73	6.30
80.	Tomato Sauce	475 g Bot	3.79	3.81	3.74	3.88	3.71
81.	Chilli Sauce	340 g Bot	3.25	3.39	3.31	3.49	3.18
82.	Mayonnaise	230 ML Bot	6.06	5.89	6.07	6.42	6.02
83.	Alcoholic Beverages	320 ML TN	6.26	-	6.34	6.51	6.33
84.	Mosquito Repellent	10 pc	1.80	1.72	1.82	1.91	1.79
85.	Mosquito Repellent	30 pc	5.24	5.33	5.40	5.68	5.22
86.	Mosquito Repellent	360 gm TN	9.23	9.44	8.85	10.01	8.65
	Goods & Services For Routine Household Maintenance, Books & Stationery and Products for Personal Care						
87.	Garbage Plastic Bag	Pack of 10 pc	5.24	6.96	6.45	5.17	6.02
88.	Fabric Softener	2L Bot	8.00	9.07	8.38	7.50	8.31
89.	Pen	Each	0.86	1.18	1.01	0.86	0.91
90.	Pencil, Colour	12 pc Box	13.53	14.51	12.80	15.46	14.18
91.	Photostat Paper	1 Rim	14.75	-	15.18	14.45	15.70
92.	Exercise Book	Each	0.91	1.19	1.17	0.90	1.17
93.	Men's Hair Cut	Each	10.60	12.00	12.12	11.34	12.35
94.	Toothbrush	Each	3.67	3.41	3.30	4.36	3.65
95.	Toothpaste	175 gm Tube	8.52	8.12	7.98	8.12	8.42
96.	Toilet Paper	10 Rolls	8.78	8.50	8.88	9.65	10.57
97.	Sanitary Napkin	PK of 10	3.90	3.77	3.70	3.19	3.73
98.	Sanitary Napkin	PK of 8	4.08	4.60	3.75	5.30	3.96
99.	Toilet Soap	1 PK of 3, 85 gm	4.04	3.68	4.15	4.57	4.10
100.	Shower Cream	220 ML Bt	6.08	5.35	6.04	6.13	6.06

Average prices for selected items in Malaysia, July 2019 (RM)

No.	Selected Items	Unit	Sarawak	Wilayah Persekutuan Labuan
	Vegetables			
1.	Spinach	Kg	6.18	5.50
2.	Ladies Fingers	Kg	7.52	7.50
3.	Angel Gourd	Kg	6.16	5.50
4.	Onions Big, India	Kg	4.34	7.00
5.	Chilli (Burung/padi) Import	200 gm	-	-
6.	Red Chilli (Kulai)	Kg	18.18	18.45
7.	Red Chilli (Minyak)	Kg	19.22	17.27
8.	Long Beans	Kg	6.12	6.67
9.	French Beans	Kg	8.33	7.33
10.	Round Cabbage	Kg	-	4.50
11.	Cauliflower	Kg	-	10.33
12.	Carrot	Kg	4.97	7.25
13.	Choy Sum, Bunga	Kg	7.84	6.83
14.	Tomatoes	Kg	7.30	5.88
15.	Brinjals	Kg	7.35	6.33
16.	Cucumber	Kg	3.50	3.73
	Fruits			
17.	Apple Fuji	Each	2.07	1.48
18.	Apple (Green Skin)	Each	1.45	1.28
19.	Apple (Red Skin, Gala)	Each	1.59	1.41
20.	Papaya	Kg	3.36	2.98
21.	Pineapple	Kg	4.45	5.15
22.	Pisang Emas (Banana)	Kg	3.27	4.06
23.	Pisang Rastali (Banana)	Kg	3.56	4.33
24.	Pisang Berangan (Banana)	Kg	3.59	4.00
25.	Watermelon, Seedless	Kg	-	-
	Coconut & Eggs			
26.	Coconut Grated	Kg	5.77	6.50
27.	Fresh Coconut Milk	Kg	7.56	-
28.	Hen's Egg Grade A	10 each	4.00	4.80
29.	Hen's Egg Grade B	10 each	3.66	4.62
30.	Hen's Egg Grade C	10 each	3.54	4.42
	Fish, Chicken & Meat			
31.	Black Pomfret (Fish)	Kg	24.64	20.00
32.	Hardtail Scad (Fish)	Kg	7.66	10.40
33.	Indian Mackerel (Fish)	Kg	12.66	11.48
34.	Threadfin Bream (Fish)	Kg	-	13.48
35.	Red Snapper (Fish)	Kg	24.72	25.00
36.	Spanish Mackerel, Batang (Fish)	Kg	-	-
37.	Longtail Tuna, Black (Fish)	Kg	10.82	10.00
38.	Selayang (Fish)	Kg	9.19	5.00
39.	Siakap (Fish)	Kg	20.06	-
40.	Chicken	Kg	9.67	10.50
41.	Beef	Kg	37.75	-
	Prawn, Cuttlefish and Crab			
42.	Prawns (8 – 12 cm)	Kg	26.33	38.45
43.	Cuttlefish Fresh (10 – 12 cm)	Kg	16.26	26.55
44.	Crabs	Kg	21.71	22.00
	Food & Beverages			
45.	Nasi Lemak	Each	4.08	2.50
46.	Plain Rice	1 Plate	1.43	1.88
47.	Fried Rice	1 Plate	4.68	5.88
48.	Fried Kuey Teow	1 Plate	4.54	6.10
49.	Fried Mee Hoon	1 Plate	4.50	6.10
50.	Biryani Rice	1 Plate	9.00	9.67
51.	Roti Canai	Each	1.19	1.50
52.	Drinking Water	500 ml	0.80	0.62
53.	Chicken Satay	Each	0.64	0.73
54.	Chicken Rice	Plate	5.30	6.00
55.	Teh Tarik	Cup	1.87	1.82
56.	Kopi-O	Cup	1.48	1.40
57.	Teh-O	Cup	1.45	1.40
58.	Milo	Cup	2.36	2.30

Average prices for selected items in Malaysia, July 2019 (RM)

No.	Selected Items	Unit	Sarawak	Wilayah Persekutuan Labuan
	Household Appliances & Electrical Goods			
59.	Electric Rice Cooker, 1.8LT	Each	127.04	119.00
60.	Refrigerator, 2 Doors, with capacity 280-300L	Each	1456.48	1629.00
61.	TV Colour, 40" LED	Each	1502.91	1439.00
	Other Appliances, Articles & Products for Personal Care			
62.	Baby Diapers, Size M	1 Pack	35.81	37.33
63.	Shampoo, 320 ML	1 Bottle	11.56	11.74
	Fresh Milk, Condensed Milk, Milk Powder & Other Dairy Products			
64.	Fresh Milk UHT	1 L	6.86	7.15
65.	Sweetened Creamer Milk	500 gm	2.91	3.10
66.	Powdered Milk (Infant) PK	650 gm	24.75	26.43
67.	Cheese (12) PK	250 g	11.98	12.50
	Pharmaceutical Products			
68.	Cough Mixture / Syrup	60 ml Bot	6.75	7.65
69.	Paracetamol	10 / strip	3.62	0.00
	Processed Fish and Cooking Oil			
70.	Fish in tomato sauce	425 gm	7.56	8.18
71.	Cooking Oil	3 Kg Bot	17.10	17.50
72.	Cooking Oil	5 Kg Bot	22.79	26.15
73.	Cooking Oil	1 Kg Bot	5.90	7.07
	Rice, Malt Drinks and Isotonic Drinks			
74.	Rice SST 5%	10 Kg	27.57	27.32
75.	Malt Drinks PK	200 gm	4.62	4.62
76.	Isotonic Drinks	1.5 L	3.21	3.42
	Dried Mee, Sweet Soya Bean Sauce, Mayonnaise, Alcoholic Beverages and Mosquito Repellent			
77.	Dried Mee	500 gm	3.70	4.52
78.	Dried Mee	Pack of 5	4.18	4.49
79.	Sweet Soya Bean Sauce	345 ML	-	6.55
80.	Tomato Sauce	475 g Bot	2.94	3.73
81.	Chilli Sauce	340 g Bot	3.24	3.17
82.	Mayonnaise	230 ML Bot	5.98	6.25
83.	Alcoholic Beverages	320 ML TN	6.10	3.13
84.	Mosquito Repellent	10 pc	1.88	1.72
85.	Mosquito Repellent	30 pc	5.08	4.65
86.	Mosquito Repellent	360 gm TN	8.57	7.80
	Goods & Services For Routine Household Maintenance, Books & Stationery and Products for Personal Care			
87.	Garbage Plastic Bag	Pack of 10 pc	5.71	3.50
88.	Fabric Softener	2L Bot	8.46	8.50
89.	Pen	Each	0.90	0.85
90.	Pencil, Colour	12 pc Box	15.05	12.80
91.	Photostat Paper	1 Rim	16.42	15.90
92.	Exercise Book	Each	1.61	1.43
93.	Men's Hair Cut	Each	10.65	15.00
94.	Toothbrush	Each	3.24	3.01
95.	Toothpaste	175 gm Tube	8.19	8.83
96.	Toilet Paper	10 Rolls	10.36	11.17
97.	Sanitary Napkin	PK of 10	3.85	-
98.	Sanitary Napkin	PK of 8	4.16	3.50
99.	Toilet Soap	1 PK of 3, 85 gm	3.91	4.50
100.	Shower Cream	220 ML Bt	5.97	5.97